

## CURRICULUM VITAE

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### Published Books

*Addiction to Love: Overcoming Obsession and Dependency in Relationships.* Ten Speed Press/Celestial Arts, Berkeley, CA , 1989. Expanded edition 1994. New printing and cover 2005.

*The Art of Changing,* Ten Speed Press/Celestial Arts, Berkeley CA , April 2005.

### Published Self-Help Articles

- “Triangles: The Agony and the Ecstasy,” *Dr. Irene’s Verbal Abuse Site* (June 2006)
- “Seductive Withholders: The On Again, Off Again Love Affair, *Alumbo* (July 2005)
- “Typical Kinds of Love Addicts, *Self-Growth.com* (September 2004)
- “Putting Out the Flame of Desire: More About Love Addiction,” *Alumbo* (May 2004)
- “The Pleasure Compulsion: Play It Again Sam,” *Self-Growth.com* (November 2003)
- “Hot and Cold Love Addicts: A Lethal Combination,” *Mental Health World* (Winter 2000)
- “Self-Esteem and Recovery from Addiction,” *Recovering* (January 1992)
- “Addiction to Love: Crimes of the Heart,” *Recovering* (August 1991)
- “Hopeless Relationships With Unavailable People,” *Recovering* (June 1991)

### I have been quoted, and my book cited, in the following print and online magazines

*L.A. Times, Chicago Tribune, Dear Amy* (Ann Landers’s successor)  
*Cosmopolitan*  
*Istanbul.com*  
*Female Network.com*  
*Cosmopolitan Phillippines*  
*The Echo*  
*The Dallas Morning News*  
*Berkeley Insider*  
*Rocky Mountain News*  
*The Faithist Journal*  
*Townsend Letter for Doctors*  
*L.A. Today*  
*Insight*  
*Lady Athena*  
*Artículos*  
*A Spiritual Woman.com*  
*Dr. Irene’s Verbal Abuse Site*  
*California Psychics*  
*The Times of India*  
*Datehookup.com*  
*Straight from Steph*

## Television

I appeared on *The Starting Over House*, April 28, 2006.

## Radio Shows

Personal Life Media: A Taste of Sex—Love Addiction with Susan Peabody

Your Mental Health with Jacqueline Foremen—Addiction to Love

Positive Living with Patricia Raskin—The Art of Changing

Prior to this I did at least 30 interviews about my book, *Addiction to Love*, all over the country starting in 1989.

## Published Spritual and Christian Articles

“Where Love Abides,” *Helium* magazine (December 2008)

“Radical Love,” *Helium* magazine (October 2007)

“Forgiveness,” *Spectrum* magazine (August 2007)

“The Depth of God’s Love,” *Spectrum* magazine (May 2007)

“The Power of Prayer,” *Signs of the Times* (March 2005)

“Do You Want to Get Well?” *Signs of the Times* (January 2005)

“In the Garden with Christ: Depression & the Dark Night of the Soul,” *Spectrum* (December 2004)

“Cleansing the Temple: Putting Anger into Perspective,” *Christian Paradise* (May 2004)

“Love Your Enemy,” *Spectrum* magazine (March 2004)

“Becoming a Christian: The Art of Changing,” *Christian Paradise* (April 2004)

“Unconditional Love Revisited,” *Spectrum* (November 2003)

“It is Not a Sin to Love Yourself,” *Spectrum* (August 2003)

“Do You Want to Get Well?” *Spectrum* (July 2003)

“Amazing Shame,” *Spectrum* (August 2002)

“The New Trinity,” *Spectrum* (February 2002)

“Must We Know Christ to be Saved?” *Spectrum* (November 2001)

“What Prayer Can Do,” *Guideposts* (May 2001)

“Love Your Enemies,” *Quaker Life* (September 1992)

“And a Little Child Shall Lead Them,” *Quaker Life* (March 1987)

“My Son’s Prayer,” *The Grapevine* (May 1985)

## Education

A.B., University of California, Berkeley, 1978

Teaching Credential, University of California, Berkeley, 1979

Continuing Education classes at Cal Extension (psychology)

## Teaching

1985 to present: The Learning Annex (San Francisco), Piedmont Adult School, San Lorenzo Adult School, Kaiser Hospital, Mandana Recovery Center, U.S. Post Office Employee Assistance Program.

Classes taught: Addiction to Love; Building Self-Esteem; Relationships in Recovery.